Eeyah Newsletter

Grateful for the skin you're in.

NOVEMBER NEWSLETTER

This November, we're celebrating gratitude, renewal, and the joy of caring for yourself. Thank you for trusting Eeyah with your skin and wellbeing—we're grateful to be part of your journey.

As the season changes, make room for moments that nourish you. Explore our personalized 3D Peel series and discover Renewed: A Gift to Yourself, an evening of connection and renewal created with you in mind.

GET YOUR TICKET TODAY CLICK HERE

Friday, December 4 • 5:30–9 PM
Century Plaza Conference Room 10630 Little Patuxent Parkway
Columbia, MD 21044
The M Factor 2 screening, expert panel, networking, vendors & light refreshments.

SPACE IS LIMITED • TICKETS $50
Reserve your seat today.

Film screening + expert panel

3D PEEL SERIES WITH LIRA

Reveal brighter, smoother-looking skin with Lira Clinical's 3D Peel series. Progressive treatments are tailored to help refine texture, soften the appearance of dark spots, and refresh a dull complexion.

Personalized home care supports your progress between visits. Book a consultation to discover your next step toward radiant skin.

BOOK HERE

eeyah
holistic spa

THE SCIENCE BEHIND YOUR GLOW

WHY LIRA?

Professional care.
Personalized for you.

A targeted series of progressive peels and personalized home care helps reveal clearer, brighter, smoother-looking skin.

Your 3D Peel plan
Tailored to your skin, advanced at your pace, and supported by consistent care between visits.

ACNE: BEFORE & AFTER

A clearer complexion starts with a plan.

Lira Clinical results.
Individual results vary.

AGING: BEFORE & AFTER

Refine the look of lines and texture.

Lira Clinical results.
Individual results vary.

MELASMA RESULTS

Melasma results. Individual results vary.

10632 Little Patuxent Parkway,
Suite 100, Columbia, MD 21044

443.899.1539
www.eeyahholisticspa.com

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SOPHIA'S WISDOM CORNER

Little rituals. Lasting care.

Personal tips from my home and treatment room to yours.

1. APPLY CLEANSER
Use the cleanser selected for your skin.

2. BRUSH FOR 2 MINUTES
Cleanser is working while you are brushing, saving time and providing a deep cleanse.

3. MASSAGE GENTLY
Massage for 30-40 seconds.

4. RINSE & PAT DRY
Rinse with lukewarm water. Reach for a fresh, soft paper towel.

POP QUIZ: What is my drying pick?

A. Shared towel
B. Damp washcloth
C. Fresh paper towel! Single-use means no reusing a damp towel that may carry bacteria. Pat gently; a freshly washed soft face towel also works.
Viva paper towel is my go to brand. Really soft and no residue.

BIRTHDAY SPECIAL

Celebrate your birthday with a little well-deserved self-care at Eeyah Holistic Spa. Enjoy **$25 off** any service, excluding waxing and tinting, and make time to relax, recharge, and feel your best.

Cannot be combined with other offers, specials, or promotions, including the SkinGlow Facial with Shela special.

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